



## **Pre-Attack Indicators: Quick-Scan Checklist**

***Recognize danger early. Act before the attack begins.***

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### **1. Behavioral Red Flags**

- Target glancing (repeatedly checking your position)
  - Sudden change in direction toward you
  - Closing distance without purpose
  - “Interview” questions (“Got a light?”, “What time is it?”)
  - Forced or fake friendliness
  - Unnatural stillness or freezing
  - Looking around for witnesses or cameras
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### **2. Hands & Body Position**

- Hands hidden in pockets, waistband, or behind body
  - One arm stiff while the other moves normally
  - Blading the body (one side back, one side forward)
  - Elbows pinned tight to torso (concealing an object)
  - Touching or checking a concealed weapon (“security check”)
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### **3. Movement Patterns**

- Circling or flanking
- Matching your pace
- Following you into a transitional space (parking lot, doorway, between cars)
- Sudden acceleration toward you



- “Accidental” bump attempts
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#### **4. Facial & Emotional Cues**

- Staring through you, not at you
  - Sudden emotional shift (calm → agitated)
  - Jaw clenching
  - Rapid breathing
  - Talking to themselves under their breath
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#### **5. Environmental Triggers**

- Someone waiting in a place where people normally don’t wait
  - A person positioned between you and your exit
  - A second person appearing from a blind spot
  - A vehicle idling with doors slightly open
  - Someone timing their movement to yours
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#### **6. Your Internal Alarm System**

- Something feels “off”
- You feel watched
- You feel boxed in
- You feel rushed or pressured
- You can’t explain why you feel uneasy

**If your intuition fires, trust it.**

You don’t need permission to protect yourself.

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